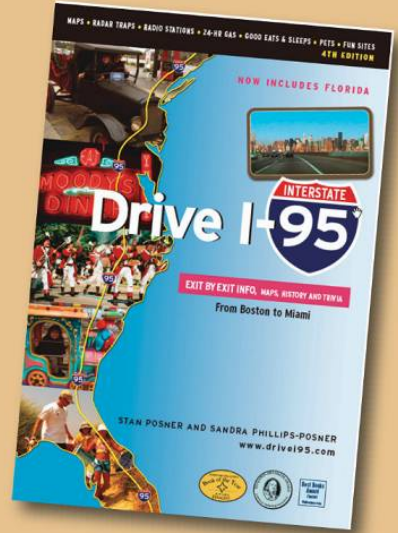




Idol Ice Cream

American Idol fans take heed: If you live in Atlanta and like ice cream, you could win a private living room concert with *American Idol* star Melinda Doolittle. See, Edy's created five new Slow Churned *American Idol* ice cream flavors—Take the Cake, Cookies 'N Dreamz, Mint Karaoke Cookie, Most Orange-inal and One Split Wonder—but only one will become a permanent fixture on the grocery store shelves. If you vote for your favorite flavor online at www.slowchurned.com before 1 p.m. on March 25, you'll automatically be entered into the drawing for the private concert. And, to ensure everyone gets a chance to see Doolittle, she'll appear at the Kroger on Chamblee-Tucker Road the following day from 3:30-5:30 p.m.



Try 95

Did you know that you can buy bags, journals and paper made from elephant dung at the Capron Park Zoo in Massachusetts? OK, maybe you didn't need to know that, but if you ever take a road trip, you might want to know about the different speed traps, 24-hour mechanics, food options and radio stations near every I-95 exit from Boston to Miami. *Drive I-95: Exit By Exit Info, Maps, History and Trivia* by Stan Posner and Sandra Phillips-Posner gives travelers reasons to make pit stops in 12 states along this route and keeps them entertained with amusing travel stories on the way. www.drive95.com

Doggie Duty

According to The American Society for the Prevention of Cruelty to Animals, potty training is the No. 1 complaint of dog owners. Avoid stained carpets and marked doors with Tell Bell, a specialized dog-training device that allows a dog to "tell" his owner when he needs to go outside. When the dog needs to use the potty, he simply taps the bell with his paw—and since the bell sits on the floor rather than hangs from a door, there are few false alarms. www.tellbell.com



Life Saver

If you've ever gotten sick or had a medical emergency while out of town, you know what a disaster it can be to try to get treatment without having your medical records. PocketMD, a new service that acquires and digitizes your medical records on a disk small enough to fit in your wallet, allows you to carry all your medical information—from laboratory results to dental records, to vaccination and allergy history, to wills and organ donation forms—with you wherever you go. Worry-free travel, here we come! www.mypocketmd.com/life. Enter reference code MD 100.

